

## More products



### Swaddling sleeping bag TinyNanny

Suitable for young and restless babies

- ≠ Swaddling the baby in foetal position allows better observation of hunger signals
- ≠ Multifunctional - allows both swaddling and free arms
- ≠ For babies over 6,5 lbs



### Swaddling wrap

- ≠ Cotton flannel (soft, thin and resistant)
- ≠ Available in 3 different colours
- ≠ Reasonably priced!



### Seamen's bed

A sheet for babies who:

- ≠ Loosen up the blanket in their cot by kicking their feet
- ≠ Crawl upwards in the cot
- ≠ Need snugness and to feel secure
- ≠ Need a clear boundary after transition from swaddling to normal sleeping

## Where to buy Pacco/TinyNanny

Find a list of dealers' addresses on the internet: [www.pacco.nl](http://www.pacco.nl)  
Suggestion: call to find out if the requested product is available.



# Pacco

## Swaddling your baby

*An ancient tradition in a new style*

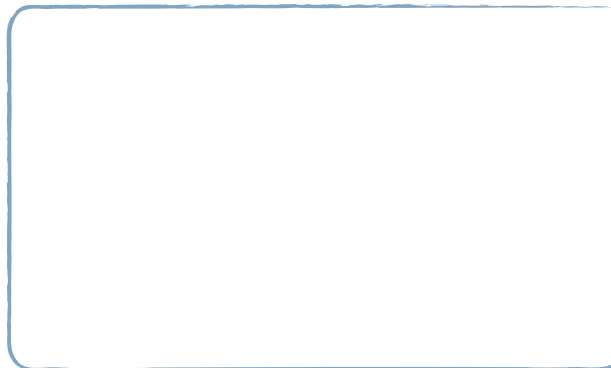


## Advice or guidance

If you have any questions about the health of your troubled or often crying baby, please seek advice at your midwife, local pediatric nurse or physician.

## Contact

Do you have questions about sizes, model or fit? Please contact by phone or e-mail to the sales company for Pacco:



# Pacco Swaddling Wraps

Available in the following sizes:

Pacco Primo - for babies from 4,5 to 9 lbs

Pacco Piccolo\* - for babies from 8,5 to 15,5 lbs

Pacco Comodo - for babies over 15 lbs

Pacco Plus Medium - for babies over 11 à 13 lbs

Pacco Plus Large - for babies over 15 à 17 lbs

\*Also available in Fairtrade cotton

It isn't wise to pick a larger size in anticipation of the future growth of your baby. For safety reasons and a positive result it is important to choose a size that fits perfectly. Please feel free to contact us if you have any doubts over size or fit.



Fold the first flap over baby's tummy. Flap 2 and 3 are used to tuck in the arms. The inner part of the swaddle should reach no further down than the hips. This way your baby can freely move its legs.



Inside the Pacco swaddle baby's legs are left free, just like in a sleeping bag. To allow for healthy hip development, your baby's legs should be able to bend up and out at the hips, this allows natural development of the hip joints. If your baby's legs are not swaddled, your baby can roll on its tummy which is an unsafe position.



The Velcro strips and unique round-shaped shoulders keep the Pacco in place, even when used for very strong and mobile babies!

# Swaddling

Before you decide to start swaddling your baby, please contact a health professional to give you further information concerning the pros and cons of swaddling.

## Reasons to swaddle your baby:

- = Difficulties falling asleep independently
- = Fitful and shallow sleeping
- = Easily over-stimulated
- = Repeatedly crying without an obvious reason

In case your baby suffers from eczema, regurgitates milk and/or has symptoms of reflux, only swaddle after consulting a pediatrician.

When the causes of crying or unrest are understood, swaddling is helpful in almost all cases!

## Situations when you should not swaddle your baby:

- = (Increased probability of) dysplastic development of the hips
- = Fever
- = 24 hours after a vaccination
- = Severe airway infections and/or shortage of breath
- = Anomalies in the spinal column

## Points of interest

- = Nutrition
- = Body temperature and environment (ventilate the bedroom, avoid smoking) objects, cuddly toys, pillows or crib bumpers)
- = Making baby's own bed safe (avoid bed-sharing with your swaddled baby)
- = Sleeping position (a baby should always sleep on his back, never on side or tummy)
- = Hip joint development
- = Regularity, uniformity, and stimulus reduction

## Advantages of using Pacco Swaddling Wraps:

- = The arms can't become loose due to the design of the model
- = The arms are secured one by one by the separate flaps. Only two hands are needed to do this properly
- = Velcro closures mean no accidents with needles or safety pins
- = It is easier to leave your baby with family, a babysitter or in daycare facilities

## Consultation and advice

Questions about your baby's health, or dealing with unrest and crying?

On [www.inbakeren.nl](http://www.inbakeren.nl) \* more information can be found on:

- = Sleeping safely
- = Prevention of (more) restlessness
- = Differences between signals of hunger and sleep
- = Healthy and disturbed sleeping patterns
- = Healthy and disturbed feeding patterns
- = Hip development, preferred position, regurgitation of milk
- = Swaddling in high temperatures (weather)
- = How to wind down the swaddling

\* This website will soon be translated in English. In case you are unable to find an answer to your question, please seek advice at your midwife, local pediatric nurse or physician.

*Swaddling is only recommended for babies under 6 months of age*

As babies' ability to change to tummy position increases, it is important to have stopped the swaddling when your baby is 6 months of age. To stop the swaddling from one day to the other is sometimes possible, but in some cases the period of breaking the habit takes up to several weeks. It is advisable to try to wind down the swaddling around the age of 4 months and keep an eye on how your baby reacts.

# Pacco Plus Swaddling Down Wrap



Babies need a few months to establish a settled pattern of sleeping, feeding and being awake. In that period you learn to read the signals of your baby and act upon them. Subsequently the swaddling wrap becomes superfluous.



The Pacco Plus Swaddling Down Wrap allows baby's arms to be left free one by one. In this way your baby can break the habit of being swaddled gradually and at his own pace without changing to an "unknown" sleeping bag.



As soon as your baby is able to sleep with both arms free, the Pacco Plus can still be used as a sleeping bag.